

THE CUDDLE ZONE LEARNING CENTER MENU Effective August 31, 2009 - June 2010

Week #1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Cereal Fruit Juice Milk	Waffles Fruit Juice Milk	French Toast w/ Syrup Fruit Juice Milk	Cereal Fruit Juice Milk	Pancakes w/syrup Fruit Juice Milk
LUNCH	Baked Ziti Mixed Vegetables Bread & Butter Applesauce Milk	Pizza Tator Tots Pineapple Tidbits Milk	Hot Turkey w/Gravy Mashed Potatoes Pears Milk	Macaroni and Cheese Crackers Peas Peaches Milk	Chicken Nuggets French Fries Crackers Fruit Cocktail Milk
PM SNACK TODDLER	Animal Crackers w/ Pudding Milk	Muffins Milk	Fruit Milk	Bananas Snack Crackers Milk	Graham Crackers w/ Peanut Butter Milk
PM SNACK PRESCHOOL/SCHOOLAGE	Pretzels Cheese Juice	Baked Good Milk	Cookies Milk	Snack Crackers Fruit Juice	Graham Crackers w/ Peanut Butter Juice

Week #2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Cereal Fruit Juice Milk	Pop Tarts Fruit Juice Milk	Pancakes Fruit Juice Milk	Cereal Fruit Juice Milk	Waffles w/ Butter & Syrup Fruit Juice Milk
LUNCH	Fish Nuggets Green Beans Noodles Peaches Milk	Bologna w/ Cheese Sandwich Chicken Soup Carrots Pears Milk	Spaghetti w/ Meat Balls Mixed Vegetables Bread & Butter Applesauce Milk	Hamburger BBQ Sweet Potatoes Mixed Fruit Milk	Hot Dogs Tator Tots Peaches Milk
PM SNACK TODDLER	Muffins Milk	Yogurt Goldfish Crackers Milk	Snack Crackers w/ Cheese Milk	Soft Cookies Milk	Goldfish Crackers Fruit Milk
PM SNACK PRESCHOOL/SCHOOLAGE	Brownies Milk	Yogurt Goldfish Crackers Juice	Baked Good Milk	Cookies Milk	Pretzels Cheese Juice

Week #3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Cereal Fruit Juice Milk	Cereal Fruit Juice Milk	French Toast w/ Syrup Fruit Juice Milk	Cereal Fruit Juice Milk	Blueberry Muffins Fruit Juice Milk
LUNCH	Salisbury Steak w/ Gravy Mashed Potatoes Bread & Butter Applesauce Milk	Ravioli w/ Sauce Bread and Butter Mixed Veggies Peaches Milk	Pizza Tator Tots Pears Milk	Peanut Butter & Jelly Sandwiches Vegetable Soup Peaches Milk	Chicken Nuggets French Fries Crackers Pineapple Milk
PM SNACK TODDLER	Snack Crackers w/ Applesauce Milk	Animal Crackers w/ Cheese Milk	Graham Crackers w/ Peanut Butter Milk	Muffins Milk	Bananas Snack Crackers Milk
PM SNACK PRESCHOOL/SCHOOLAGE	Granola Bar Milk	Apples w/ Peanut Butter Juice	Graham Crackers w/ Peanut Butter Juice	Cookies Milk	Rice Krispie Treat/Fruit Juice

Week #4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Cereal Fruit Juice Milk	Waffles w/ Butter & Syrup Fruit Juice Milk	Pop Tarts Fruit Juice Milk	Cereal Fruit Juice Milk	Pancakes w/ Butter & Syrup Fruit Juice Milk
LUNCH	Ham & Cheese Sandwich Chicken Soup Carrots Mixed Fruit Milk	Macaroni & Hamburger Casserole Bread & Butter Peas Pineapple Tidbits Milk	Chicken Patty on a Bun Mixed Veggies Peaches Milk	Sausage Bread & Butter Green Beans Applesauce Milk	Grilled Cheese Sandwich Tomato Soup Pears Milk
PM SNACK TODDLER	Soft Cookies Fruit Milk	Muffins Milk	Snack Crackers w/ Cheese Milk	Goldfish Crackers Applesauce Milk	Vanilla Wafers Pudding Milk

PM SNACK PRESCHOOL/ SCHOOLAGE	Graham Crackers w/ Peanut Butter Juice	Brownies Milk	Carrots or Celery w/peanut butter Milk	Applesauce Goldfish Crackers Juice	Cookies Milk
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